



8th March 2026

The Third Sunday of Lent

Parish Mass

Guest Preacher: Stephen Brooks

“Jesus said: “Everyone who drinks of this water will thirst again; but whoever drinks the water that I shall give will never thirst.””

(John 4.13-14)

Welcome to St Thomas the Apostle Church, Hanwell for our Parish Mass.



We hope you enjoy your time with us. Do join us for refreshments in the Church Hall afterwards.

The hymns are in the Green New English Hymnal Books. The Mass Setting for this Service is the John Merbecke Service.

Please do take this Service Booklet away with you for your own prayers & reflections this coming week.

Front Cover Image: 'The Woman at the Well' – Rolinda Sharples (1793-1838)

While the First Hymn is sung, the Choir and Altar Party process in, and the Lenten candle(s) are lighted.

First Hymn: 437 Praise the Lord! ye heavens, adore him. *(Tune: #185 - Abbots Leigh)*

The Gathering & Welcome

✠ In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

All: And with thy spirit.

The Liturgy of Penitence

God spoke these words and said:

All: I am the Lord your God; you shall have no other gods but me.

You shall not make for yourself any idol.

You shall not bow down to them or worship them.

You shall not take the name of the Lord your God in vain

Remember the Sabbath day, and keep it holy.

Honour your father and your mother.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness.

You shall not covet anything that belongs to your neighbour.

Lord, have mercy upon us, and write all these your laws in our hearts.

Invitation to Confession

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil. Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

Kyrie Eleison

We Sing together the Kyrie Eleison.

All: Lord, have mercy upon us. Lord, have mercy upon us.

Lord, have mercy upon us.

Christ, have mercy upon us. Christ, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us. Lord, have mercy upon us.

Lord, have mercy upon us.

Almighty God, who forgives all who truly repent, have mercy upon you, ✠ pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All: Amen.

The Collect

Let us pray:

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All: Amen.

The Liturgy of the Word

The First Reading: Exodus 17. 1-7. (*Reading is read by Chris Michell*)

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, Give us water to drink. Moses said to them, Why do you quarrel with me? Why do you test the Lord? ³ But the people thirsted there for water; and the people complained against Moses and said, Why did you bring us out of Egypt, to kill us and our children and livestock with thirst? ⁴ So Moses cried out to the Lord, What shall I do with this people? They are almost ready to stone me. ⁵ The Lord said to Moses, Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink. Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, Is the Lord among us or not?

This is the word of the Lord.

All: Thanks be to God.

Please Stand as we Say antiphonally: Psalm 95. (Venite, exultemus)

(Left side of nave Odd verses, Right side Even. All say the Gloria Patri)

- 1. O come, let us sing to the Lord; let us heartily rejoice in the rock of our salvation.**
- 2. Let us come into his presence with thanksgiving and be glad in him with psalms.**
- 3. For the Lord is a great God • and a great king above all gods.**
- 4. In his hand are the depths of the earth and the heights of the mountains are his also.**
- 5. The sea is his, for he made it, and his hands have moulded the dry land.**
- 6. Come, let us worship and bow down and kneel before the Lord our Maker.**
- 7. For he is our God; we are the people of his pasture and the sheep of his hand.**

8. **O that today you would listen to his voice: Harden not your hearts as at Meribah, on that day at Massah in the wilderness,**
9. **When your forebears tested me, and put me to the proof, though they had seen my works.**
10. **Forty years long I detested that generation and said, This people are wayward in their hearts; they do not know my ways.**
11. **So I swore in my wrath, They shall not enter into my rest.**

**Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.**

The Second Reading: Romans 5. 1-11. *(Reading is read by Alan McDougall)*

¹ Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³ And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴ and endurance produces character, and character produces hope, ⁵ and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. ⁶ For while we were still weak, at the right time Christ died for the ungodly. ⁷ Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸ But God proves his love for us in that while we still were sinners Christ died for us. ⁹ Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰ For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹ But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

This is the word of the Lord.

All: Thanks be to God.

Gradual Hymn: 471 We love the place, O God.

The Gospel

All: Praise to you, O Christ, King of eternal glory.

Cantor: Jesus said: "Whoever drinks the water that I shall give, will never thirst."

All: Praise to you, O Christ, King of eternal glory.

The Lord be with you.

All: And with thy spirit.

✠✠✠Hear the Gospel of our Lord Jesus Christ according to John. (4. 5-42)

All: Glory to you, O Lord.

⁵ So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. ⁷ A Samaritan woman came to draw water, and Jesus said to her, Give me a drink. ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan

woman said to him, How is it that you, a Jew, ask a drink of me, a woman of Samaria? (Jews do not share things in common with Samaritans.)¹⁰ Jesus answered her, If you knew the gift of God, and who it is that is saying to you, Give me a drink, you would have asked him, and he would have given you living water.¹¹ The woman said to him, Sir, you have no bucket, and the well is deep. Where do you get that living water?¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?¹³ Jesus said to her, Everyone who drinks of this water will be thirsty again,¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.¹⁵ The woman said to him, Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.¹⁶ Jesus said to her, Go, call your husband, and come back.¹⁷ The woman answered him, I have no husband. Jesus said to her, You are right in saying, I have no husband;¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!¹⁹ The woman said to him, Sir, I see that you are a prophet.²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.²¹ Jesus said to her, Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem.²² You worship what you do not know; we worship what we know, for salvation is from the Jews.²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him.²⁴ God is spirit, and those who worship him must worship in spirit and truth.²⁵ The woman said to him, I know that Messiah is coming (who is called Christ). When he comes, he will proclaim all things to us.²⁶ Jesus said to her, I am he, the one who is speaking to you.²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, What do you want? or, Why are you speaking with her?²⁸ Then the woman left her water-jar and went back to the city. She said to the people,²⁹ Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?³⁰ They left the city and were on their way to him.³¹ Meanwhile the disciples were urging him, Rabbi, eat something.³² But he said to them, I have food to eat that you do not know about.³³ So the disciples said to one another, Surely no one has brought him something to eat?³⁴ Jesus said to them, My food is to do the will of him who sent me and to complete his work.³⁵ Do you not say, Four months more, then comes the harvest? But I tell you, look around you, and see how the fields are ripe for harvesting.³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.³⁷ For here the saying holds true, One sows and another reaps.³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.³⁹ Many Samaritans from that city believed in him because of the woman's testimony, He told me everything I have ever done.⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days.⁴¹ And many more believed because of his word.⁴² They said to the woman, It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.

This is the Gospel of the Lord.

All: Praise to you, O Christ.

Call to remembrance, O Lord, thy tender mercies and thy loving kindness, which hath been ever of old.
O remember not the sins and offences of my youth: but according to thy mercy think thou on me,
O Lord, for thy goodness.

The Nicene Creed

All: We believe in one God
the Father, the Almighty,
maker of heaven and earth,
of all that is seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

Please **Kneel or Sit** for the Prayers of Intercession. (*Led by Kirsten Allen*)

Lord, in your mercy.
All: Hear our prayer.

Merciful Father,
**All: Accept these prayers for the sake of your
Son our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you.

All: And with thy spirit.

Let us offer one another a sign of peace.

All may exchange a sign of Peace.

Offertory Hymn: 311 We pray thee, heavenly Father. (*Tune: #167 - Aurelia*)

Preparation of the Table

God of wisdom, may the light of your eternal Word, our Lord and Saviour Jesus Christ, lead us in holiness and guide us to glory; we ask this in his name.

All: Amen.

God of mercy and compassion, your Word calls us home to faith and love.
Accept all we offer you this day; in the name of Jesus Christ the Lord.

All: Amen.

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord.

All: Amen.

The Eucharistic Prayer

The Lord be with you.

All: And with thy spirit.

Lift up your hearts.

All: We lift them up unto the Lord.

Let us give thanks to the Lord our God.

All: It is meet and right so to do.

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son.

For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again.

Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love.

As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and for ever praising you and singing:

**All: Holy, holy, holy, Lord God of hosts,
Heaven and earth are full of Thy glory.
Glory be to Thee, O Lord most high.
✠ Blessed is he that cometh in the name of the Lord:
Hosanna in the highest.**

Congregation Kneel or Sit.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me. ✠

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me. ✠

Great is the mystery of faith:

All: Christ has died, Christ is risen, Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Mary, the Virgin Mother of God, St Thomas the Apostle and our Patron, and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All: ✠ Amen.

Lord Jesus, remember us in your kingdom and teach us to pray:

All: Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Breaking of the Bread

Every time we eat this bread and drink this cup.

All: We proclaim your death, Lord Jesus, until you come again in glory.

The Lamb of God (Agnus Dei) *is sung.*

All: O Lamb of God, that takest away the sins of the world.
Have mercy upon us.
O Lamb of God, that takest away the sins of the world.
Have mercy upon us.
O Lamb of God, that takest away the sins of the world,
Grant us Thy peace.

The Prayer of Humble Access

All: We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood,

and that we may evermore dwell in him,
and he in us.
Amen.

Invitation to Communion

✠ Jesus is the Lamb of God who takes away the sin of the world.
Blessed are those who are called to his supper.

**All: Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The Priest, Altar Party, Choir and the People all receive communion.

If you are baptised and receive communion in your own church, you are welcome to receive communion here.

You are welcome to receive a blessing instead of communion. If you wish to receive a blessing, please keep your head bowed.

Communion Hymn: 309 Victim Divine.

Prayers after Communion

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord.

All: Amen.

**All: God of our pilgrimage,
you have fed us with the bread of heaven.
Refresh and sustain us as we go forward on our journey
in the name of Jesus Christ our Lord.
Amen.**

The Parish Notices *are given.*

A Junior Church Presentation *may be given.*

Final Hymn: 206 Christ is our corner-stone.

The Blessing

The Lord be with you.

All: And with thy spirit.

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, ✠ the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All: Amen.

The Dismissal

Go in peace to love and serve the Lord.

All: In the name of Christ. Amen.

6:30pm: Book of Common Prayer Service of Evening Prayer

Led by: Steve Purcell

Psalm(s): 40, Epistle: Joshua 1. 1-9, Gospel: John 2. 13-22.

Throughout the week, The Daily Offices of **Morning & Evening Prayer** are observed in Church at 9am and 5pm.

Monday & Wednesday (MP - Live-Streamed on Facebook) | Tuesday & Thursday (In Person - Lady Chapel)
Friday Morning Prayer is at 8.30am (MP - Live-Streamed on Facebook)

Tuesday 10th March 2026 - 12(Noon) MASS in the Lady Chapel

Sunday 15th March 2026: Parish Family Mass for Mothering Sunday

Reader(s):& Intercessor(s): Members of the Junior Church

Preachers: The Reverend Julia Palmer, Rowland Linder & Stephen Brooks

Chalice: Fade Solanke-Mitterer & Michael Horn

WHATS ON AT ST THOMAS'

Monday 9 March

18.00: Stations of the Cross

Tuesday 10 March

12.00: Mass, Lady Chapel

Wednesday 11 March

14.00 | 19.00: Lent Course: Light

Saturday 14 March

10.00–14.00: Church Back Garden Clear-Up

Sunday 15 March

10.00: Parish Family Mass, Mothering Sunday

Monday 16 March

18.00: Stations of the Cross

Tuesday 17th March

12.00: Mass, Lady Chapel

Wednesday 18 March

14.00 | 19.00: Lent Course: Shelter

Saturday 21 March

10.00–12.00: St Thomas' Table Sale

Sunday 22 March

10.00: Parish Mass, Passion Sunday

Monday 23 March

18.00: Stations of the Cross

Tuesday 24 March

12.00: Mass, Lady Chapel

Wednesday 25 March

14.00 | 19.00: Lent Course: Water

Sunday 29 March

10.00: Parish Mass, Palm Sunday

18.00: "A Passiontide Devotional"

Thursday 2 April

19.00: Maundy Thursday - Mass of the Lord's Supper

Friday 3 April

15.00: Good Friday - Liturgy of the Lord's Passion

Sunday 5 April

10.00: Parish Mass, Easter Day

Wednesday 8 April

12.30: Over 50's Fellowship Lunch

Parish Prayers of Intercession

The Church: We pray for the Church throughout the world, and for our partners in mission and friendship: for ✠ Bishop George Dawson-Ahmoah and the Churches of Nkoranza; for

✠ Pfr. Jens Oehme and the people of the L utherkirche in Chemnitz; and for ✠ Revd Canon Clement Francis and the people of Christ the King, Carriacou. May our fellowship in the Gospel bear witness to Christ's love.

We pray for the Church of England: For ✠ Sarah, Archbishop of Canterbury; ✠ Emma, Acting Bishop of London; ✠ Lusa, Bishop of Willesden; and ✠ Catherine, Archdeacon of Northolt; and for ✠ St Paul's Cathedral, our Diocesan Mother church.

Our Parish and Community: We give thanks for this Parish of St Thomas the Apostle: for ✠ Julia our Priest, for our Churchwardens and PCC; and for all who are called to serve in the life and ministry of the Church. We give thanks for Rowland, our Pastoral Assistant and Youth Intern, and for Nilesh Patel, preparing for Ordination and joining us as Curate. Strengthen our fellowship, deepen our faith, and guide us in love, service, and truth.

We pray for our community in Hanwell: For our schools - Ealing Fields, Elthorne, Oaklands, St Mark's, and New Level Academy - for all who teach and learn within them; for all who live and work in our Parish, and for the communities and friendships formed within our Parish Hall. May Christ dwell in our homes and hearts and be known among us.

The World: We pray for the nations of the world, especially those torn by conflict and fear: the Holy Land, Gaza and Palestine, the Middle East, Lebanon, Yemen, Iran, Iraq, India and Pakistan, Afghanistan, Myanmar, Syria, Sudan, the Democratic Republic of Congo, and Ukraine. Grant justice to those in authority, and peace to all peoples.

The Sick and Those in Need: We pray for the sick, the housebound, all who are in hospital or in care, and all who are in need of healing. We remember especially: Andrea Arthurs, Roy Arthurs, John Ball, Paul Ball, Caroline Baxter, John Brake & Family, The Brooks Family, Ivan Carter, Noel Chardon, Jenny Cornwell, Baljit Dhanda, Patrick Dennerly, Daphne Dorival, Leo & Estriana Douglas, Merfyn Edwards, Geraldine, Celia Griffith, Darren Hancock, Ian King, Jaxon Prentice, Nick Lunn, Arda & Joe Metcalf, Dermot Molloy, Stuart Minty, Izzy Neale, Nicholas Robinson, Sarah, Julia Schumman; Gill Shaw, Keith & Sara Spillet, Colin Spooner, Leslie Stanton, John Tozer, Lynne Wilson & Kris Wilson. Comfort all who suffer in body, mind, or spirit, and give them hope and healing.

For those preparing for marriage: especially; Geraint Jones and Gabrielle Brockis, to be married at St Thomas' on Saturday 23rd May: that their life together may be blessed with love, faithfulness, and joy.

The Departed: We commend to your mercy all who have died, especially: The Rt. Reverend Andrew Watson, ✠ Guilford, Christopher Hugh Mortimer and Richard Pope. **Those whose year's mind falls at this time:** especially; The Priests and People of St. Thomas the Apostle, Orchard Street, Portman Square. Joan Harle, Nellie Hains, Edna Eileen Cooper, Jude James Lethorne, Robert Pendleton, Albert 'Bev' Bowles-Bevan, Arthur Melville and Dennis Storr. May the souls of all the faithful departed, through the mercy of God, rest in peace, and rise in glory.


ST THOMAS THE APOSTLE
BOSTON ROAD, HANWELL, W7 2AD

🌐 : StThomasHanwell.com 📘 : Facebook.com/StThomasHanwell 📷 : Instagram.com/StThomasHanwell

Reverend Julia Palmer (MA, MSc)

Rowland Linder

Stephen Brooks

Vicar

Youth Outreach | Pastoral Assistant

Parish & Liturgical Administrator
Hall Bookings Manager

St Thomas' Vicarage,
182 Boston Road,
Hanwell, London, W7 2AD

St Thomas' Parish Office,
The Vestry, St Thomas the Apostle Church,
Hanwell, London, W7 2AD

☎ : 07939 043 959

☎ : 07907 280 705

☎ : 07933 895 761

✉ : revjuliap@msn.com

✉ : RowlandLinder@gmail.com

✉ : stthomashanwell@gmail.com

The Parish Office is open Tuesday to Thursday, 11.00am–4.00pm, and is closed on Mondays and Fridays.